


## FIT PROFILE GUIDE

## MEASUREMENT FORM

Please take this form to a local alterations professional and fill out the measuremet table below. When you are finished, please send a scan of this page and attachments of your Fit Profile photos to info@customcutclothiers.com.

First Name:
Last Name:

Height:
Weight:
Date of Measurements:

Phone Number:
Email Address:

## MEASUREMENTS:

Please refer to the guide and enter your measurements in inches.


FULL SHOULDER BACK

## NECK

Measure around the neck with two fingers under the measuring tape


## CHEST

Measure around the widest part of the chest with two fingers under the measuring tape, keeping the tape measure level

## WAIST/ STOMACH

Measure around the narrowest part of the torso in line with the belly button, keeping the tape measure level


## FRONT TO WAIST

1. Find the point where the neck meets the shoulder
2. Measure straight down to point in line with the waist


## NAPE TO WAIST

1, Find the point where the neck meets the middle of the back
2. Measure straight down to point in line with the waist


## BICEP

Measure around the largest part of the bicep

## WRIST

Measure around the wrist, just under the wrist bone

## LEFT/RIGHT ARM

1. Find the bone at the top edge of the shoulder
2. Measure from top edge of the shoulder down to the elbow.
3. Hold the tape measure at the elbow, drop the end at the top of the shoulder
4. Continue measuring from the elbow to just below the wrist bone and enter total length of the arm.
5. Repeat for other side.

## U-RISE

1. Measure from the center front of the waist where the pant waistband will sit
2. Bring the tape measure under the crotch between the legs
3. Measure to center back point where the waistband will sit, keeping tape comfortably loose

## THIGH

Measure around the largest part of the thigh


## OUTSEAM

1. Place measuring tape where top of trousers will sit
2. Measure from this point down to the floor

## FIT PROFILE PHOTOS

To ensure that our tailors understand you beyond your measurements, please include your photos in the following four styles. It is advised that you wear dress shoes and either your best-fitting dress shirt or a plain t-shirt for the photos. Any cuffs and collars should be buttoned. A belt is required if pants are loose. Ties are optional.

Feet should be even, no more than hip distance apart, with your weight equally distributed. Please stand in your natural posture with your arms comfortably at the sides. Photos should be well-lit, with the camera held straight, 10-12 feet away at chest height.

Other positions or angles will cause distortion.

FRONT

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BACK


LEFT


RIGHT

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